



Alamo Heights Independent School District UIL 15-4A District Championship Meet Information



alamoareaaquatics.com

posted: 1/3/2023

- Meet:**
- UIL 2023 District 15-4A Swimming and Diving Championships
 - Swimming Timed Finals
- Date:**
- Friday, January 20, 2023
- Venue:**
- Alamo Heights Natatorium
 - 705 Trafalgar Rd
 - San Antonio, TX 78216
 - 210-356-6925
- Schedule:**
- 0700 Front doors open
 - 0715 Coaches meet – Alamo Heights Natatorium Classroom
 - 0745 Warm-ups begin
 - 0815 Officials meet – Alamo Heights Natatorium Classroom
 - 0830 Push-pace lanes 1 and 8
 - 0830 One-way sprints lanes 2 through 7
 - 0830 First call for timers
 - 0845 Parade of Athletes, Coaches and Senior recognition
 - 0850 National Anthem
 - 0900 Competition begins
 - 1145 Team Awards Presentation
- Facility:**
- Eight FINA-width (2.25-meters) lanes
 - All automatic starting and timing
 - Full, real-time video scoreboard
 - Off-deck seating for 400 (Spectators and non-participating athletes are not permitted on deck.)
 - Concessions in the Alamo Heights Natatorium lobby
- Water Depth:**
- The competitive course has an overall minimum depth of 2.25-meters (7.5 feet), therefore the minimum water depth, measured in accordance with Article 103.2.3, is 2.25 meters at the start end and 2.25 meters (7.5 feet) at the turn end, measured one and five meters from either wall
- Diving:**
- Diving in the Alamo Heights Natatorium**
 - Two (2) one-meter and two three-meter boards
 - The plummet is 12 feet (6.33-meters) deep
 - Diving competition will be consolidated for UIL Districts 15-4A, and 27-5A on Thursday, January 19th
 - Alamo Heights Natatorium: Warm-ups at 1600 – Competition begins at 1700
 - Preliminaries AND Finals
 - 11 dive format
 - One-meter board only
 - Five (5) voluntary and six (6) optional dives must be performed
 - All divers must be entered into this meet with their School Team via HY-TEK Commlink File AND completed Diving Sheets via www.cleantentries.com by 1200 hours, Tuesday, January 17, 2023
 - ALL DIVERS MUST BE ENTERED INTO BOTH HY-TEK AND CLEAN ENTRIES IN ORDER TO PARTICIPATE IN THIS MEET – THERE CAN BE NO EXCEPTIONS!
 - All corrections, revisions or deletions must be competed in writing and in the hands of the Diving Referee before the scheduled start of competition
 - Diving awards will be presented following the consolidated Girls and Boys Diving Championships on January 19th



Rules:	•The 2022 – 2023 National Federation High School Swimming and Diving Rules will govern this meet
Facility Rules, Regulations and Policies:	<ul style="list-style-type: none"> •The Competition Protocols and Procedures, posted throughout the facility, must be followed at all times •Deck changing is prohibited •Two-piece swim wear is prohibited •The presence of cell phones, smart phones, iPads, etc. <u>anywhere</u> behind the starting blocks is prohibited at all times during competition •Violations of the AHISD meet filming policy, will result in termination of volunteer positions •Photographers and videographers are specifically prohibited from the area immediately behind the starting blocks during competition. Violators are subject to disqualification from the meet, dismissal from the facility or volunteer position and arrest •Parents and other spectators are not permitted on-deck at any time for any reason •Flash photography of <u>any sort</u> is expressly forbidden during competition •Standing in front of and / or leaning against the glass rails is expressly forbidden •Times noted on the scoreboard are never official and must not <u>ever</u> be regarded as such •All swimmers and divers are required to compete in appropriate school approved swimwear •Hats, body or face painting, costumes, and / or props will not be allowed •Organized cheers by school's teams will be allowed on deck in front of the designated seating area for each school •All spirit groups must stay in the spectator area and will not be allowed on deck; team mascots will be allowed on the pool deck •Athletes and / or teams that violate these rules will be subject to disciplinary actions that could include disqualification from the competition.
Spectator Clear Bag Policy:	•Please review the graphic on page five (5)
And Videos:	<ul style="list-style-type: none"> •Each participating school is allowed one photographer on deck during competition •In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warmups. •Photographers and videographers are prohibited from the area immediately behind the starting blocks and are also specifically prohibited from taking shots using flash during the start phase of <u>any</u> race. Violators are subject to disqualification from the meet, dismissal from the facility and arrest.
Media Deck	
Access:	•Access to the deck by the media is carefully controlled and members must check in with Norm Collins, the AHISD Aquatics Coordinator. By Wednesday, January 18, 2023, teams need to submit name of the media personnel for each school. Media passes will be limited to one per team. Filming for All American Diving Applications please check in with the Diving Administrator, Charly Collins, Thursday, January 19, 2023, prior to the start of the meet.
Format:	•Timed finals
Entry	
Restrictions:	<ul style="list-style-type: none"> •Each swimmer may enter four events, no more than two of which may be individual events •No school may enter more than four swimmers in any single individual event •Each school is limited to one relay team per relay event
Relays:	<ul style="list-style-type: none"> •Only the four (4) swimmers declared on the front of the relay card are permitted to report to the blocks and compete •If the swimmers are to be correctly noted in the Final Results, the order of swimming must also be specified. •All relay cards will be available for pickup during the coaches meeting. •All relay cards are due no later than thirty (30) minutes prior to the start of the meet. •Relay cards for the 200-yard Medley Relay may be updated with the Official Scorer <u>no later than fifteen (15) minutes prior to the scheduled start of the meet.</u> •Relay cards for the 200-yard Free Relay may be updated with the Official Scorer no later than the start of the men's 500-yard freestyle. •Relay cards for the 400-yard Free may be updated with the Official Scorer no later than the start of the men's 100-yard backstroke.
National Time	•Once relay cards have been turned in to the Official Scorer, no changes will be permitted.



- Verification:**
- This meet has been approved by USA Swimming for NTV purposes, which means times achieved by properly registered and entered USA Swimming athletes can be loaded into the SWIMS National Database
 - In order for a time from a high school championship or season culminating meet to be entered into the USA Swimming (USA-S) National SWIMS Database, the athlete must be currently (2023) registered with USA-S – AND – the athlete's birthdate and legal name must be completely and accurately entered into the District 15-4A Championship Meet Manager Database.
 - Due to limitations in USA Swimming's SWIMS database, coaches and athletes that would like a lead time of a relay loaded into SWIMS must arrange for the time to be loaded with the admin official during the meet.
 - If done correctly, no further action by either the coach or the athlete is necessary
 - ALL swims involving the backstroke, butterfly and breaststroke will be observed by USA Swimming Certified Officials and exceptions to the technical rules will be noted to the NTV Officer on deck

Entry Deadline: •1700 hours, Monday, January 16, 2023, for swimming and diving.

- Entry Procedures**
- Entries may be submitted ONLY by Hy-Tek Commlink file
 - Hard copy must accompany
 - Each entry must include the swimmer's full name, swimmers school affiliation grade, and a seedtime
 - Entries received without a seedtime will be rejected
 - Submit entries to: Garrett Nelson, Alamo Heights Natatorium, 705 Trafalgar Rd, San Antonio, TX 78216-2917 •E-mail address: gnelson@ahisd.net
- Advancers:**
- The four (4) top finishing individual swimmers, divers and relay teams from each event will advance to the UIL Region IV Class 4A Championships to be conducted at the Southwest ISD Natatorium on January 27 and 28, 2023
- Scratch**
- Rules:**
- High School Championship format
 - Scratches are not permitted
 - Swimmers who fail to appear for any competition in which they have entered will be disqualified from further competition
 - Previous performances will not be nullified
 - An athlete and team will not be penalized for the inability to compete because of illness
 - An individual swimmer or relay team may withdraw from competition without penalty in any given event by **declaring a false start**
- Meet**
- Management:**
- Swimming:** •Meet manager 8.0
 - Meet Director** •**Entries Chair** •**Meet Referee:** •**Administrative Official:**
 - Norm Collins •Garrett Nelson •Didi Byerly •Mindy Donofrio
 - 210-832-5866 •864-908-9727 •361-549-8887 •210-479-0881
 - ncollins@ahisd.net •gnelson@ahisd.net •didibyerly@aol.com •mindy311@sbcglobal.net

•**Diving:** •CleanEntries

•**Meet Director:**

•Charles Collins

•210-832-5866

•ccollins@ahisd.net

Scoring:

Place	1	2	3	4	5	6	7	8
Individual	9	7	6	5	4	3	2	1
Relays	18	14	12	10	8	6	4	2

Awards:

- Medals, places one through six
- Please refer to the Order of Events on page five (5) for details

Swimming Officials Please Make

- Special Note:**
- All officials must be properly registered with NFHS via Dragonfly for the 2022 - 2023 Season and have passed the current exam
 - Officials not currently registered are not covered by NFHS Insurance and will not be assigned
 - The Meet Referee will make all deck assignments BEFORE the meet



- Therefore, all officials who desire to be assigned to deck positions MUST notify the Meet Referee of their intentions and availability NOT LATER than 1800, Sunday, January 15th
- Please submit your information to: didibyerly@aol.com
- You WILL NOT be pre-assigned if your commitment and information are not submitted or not received by the deadline
- Uniforms for deck officials will be as follows:
- White collared shirts / blouses over khaki trousers, skirts, Bermuda-length shorts or capris (NO JEANS OR FLIPFLOPS PLEASE)
- Please report to the Alamo Heights Natatorium deck-level classroom IAW the schedule on page one (1)

Spectator Access: •Spectators must enter the facility by the Alamo Heights Natatorium front doors

Coaches

Please NOTE: •Buses must drop off athletes at the designated bus drop off area see page five (5)

Athlete, Coach, Official

Access

and Parking: •Athletes and Coaches are required to enter the facility via the front doors of the Alamo Heights Natatorium marked

Coaches and Athletes Only!

•Officials parking will be coned off and enter the facility via the front doors of the Alamo Heights Natatorium **Coaches and Athletes Only!**



Alamo Heights ISD Clear Bag Policy

Effective August 9, 2022 at AHHS Athletic Facilities

All Bags Are Subject to Inspection Regardless of Size or Type

Exceptions will be made for:

- Medically Necessary Items
- Diaper Bags
- News Media Equipment (credentialed media)
- Official team and field photographers
- Bags for fundraiser sale items

PROHIBITED BAGS

- All purses, bags, and containers larger than a small clutch
- Backpacks
- Binocular Cases
- Briefcases or Computer Bags
- Camera Bags
- Coolers
- Fanny Packs
- Luggage



APPROVED BAGS

- Clear Plastic, Vinyl, or PVC Totes not exceeding 12" by 6" by 12"
- Plastic Storage Bags (one gallon size)
- Small Clutch Purses approximately the size of your hand; no larger than 5.5" by 8.5" with or without strap or handle



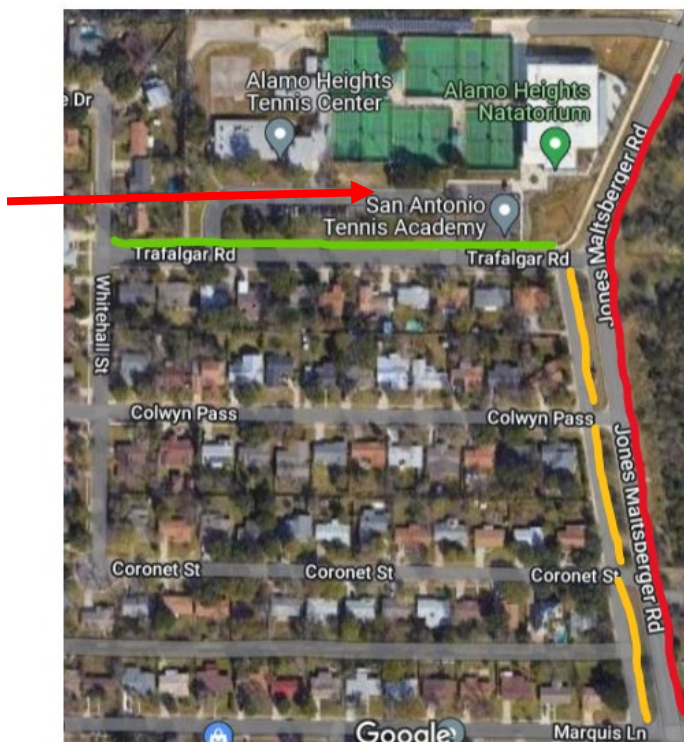
www.ahisd.net



These restrictions **DO NOT** apply to Athletes, Coaches or Officials

Alamo Heights Event Parking/Traffic Flow

Bus drop off



Busses: Park on the access road parallel to Jones-Maltzberger facing North to the pool. Marked in

Cars and spectators: Parking is available on a first-come, first-served basis in the regular parking lot. Street parking is available on Trafalgar Rd. However, please observe "Residential/No-Parking" signs in the neighborhood.

No Parking: There is ABSOLUTELY NO PARKING of any kind on Jones-Maltzberger Rd.



2023 UIL District 15-4A Swimming & Diving Championships

Order of the Swimming Events

Women's Event #	Distance (yards) and Stroke	Men's Event #
1	200 Medley Relay	2
10 Minute Break		
3	200 Freestyle	4
5	200 Individual Medley	6
7	50 Freestyle	8
15-Minute break / 200 FR-200 I-M-50 FR Awards		
11	100 Butterfly	12
13	100 Freestyle	14
15	500 Freestyle	16
10 Minute Break / 100 FL-100 FR Awards		
17	200 Free Relay	18
19	100 Backstroke	20
21	100 Breaststroke	22
10 Minute Break 500 FR-100 BK- 100 BR Awards		
23	400 Free Relay	24

•200 M Rly-200 F Rly-400 F Rly Awards

- Coach of the Year
- Athletes of the year
- Team Awards

