

Invitational Small Teams Sprint Meet November 1st, 2025

Welcome:

•Saint John Paul II invites you to join us at Southwest ISD Aquatics Center for our annual Small Team Sprint Invite, 1 Nov 2025. This is a small teams invite for teams with less than 25 swimmers and in TAPPS Division II and III (district 2) and invited UIL 4a and under teams. If outside Division and District, contact the meet director for an exception request.

Venue:

•Southwest ISD aquatics center - 9290 SW Loop 410, San Antonio, TX 78242 https://www.southwestaquaticsteam.com/location

Facility:

Myrtha Pool that will be setup for competition-

- Based On Two (2) One-Meter Dura-Flex Diving Boards.
- One (1) 25-yard eight (8) lane Competition Course.
- 11 warm-up lanes during competition.
- Two (2) fully automated Colorado Timing System.
- Instruction pool: 3 ½ ft to 4 ½ ft Four lane not used during competition.
- Off deck seating for 770 spectators.

Rules:

The Competition Protocols and Procedure, posted throughout the facility, must be followed at all times. The 2025-2026 National Federation of Swimming, Diving, and Water Polo Rules will govern this meet.

- Deck changing is prohibited.
- Two (2)-piece swimwear is prohibited.
- The presence of cell phones, smart phones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition.
- Violators are subject to having their devices temporarily confiscated.
- Parents and other spectators are not permitted on-deck at any time for any reason.
- Flash photography of any sort is expressly forbidden during competition.
- Standing in front of and/or leaning against glass rails is expressly forbidden.
- Times noted on the scoreboard are never official and must not ever be regarded as such.
- All swimmers and divers are required to wear their approved uniforms and warm-ups.
- Hats, body or face painting, costumes, and/or props will not be allowed.
- All spirit groups and team mascots must stay in the spectator area and will not be allowed on deck.
- Athletes and/or teams that violate these rules will be subject to disciplinary actions that could include disqualification from the competition.

Entry Restrictions:

- •Swimmers may enter a maximum of 5 events, no more than three of which may be individual events. No school may enter no more than six (6) swimmers in any single individual event except:
 - Teams may enter unlimited swimmers for the 50 Freestyle, 50 Backstroke, and 100 Freestyle events.
- Teams are limited to 2 Relay teams per Relay events.
- Meet will be capped at 300 swimmers.

Meet Format:

- All individual events are timed finals.
- Nominal 30 seconds between heats.
- Federation Whistle Start and No Recall False Start Procedures will be used.
- •Fly-over starts may be utilized.
- Break after the Boys 50 Freestyle. Additional breaks as required.
- No penalty for missing an individual event.

Relays:

- Relay only swimmers ARE permitted
- •Only the four (4) swimmers declared on the front of the relay card are permitted to report to the blocks and compete.
- If relay swimmers are to be correctly noted in Final Results, order of swimming must also be specified
- Relay cards for the 200-yard Mixed Medley Relay must be turned in to the Official Scorer not later than the beginning of the coaches' meeting.
- •Relay cards for the 200-yard Freestyle Relay must be turned in to the Official Scorer not later than the beginning of the Girls 100-yard Freestyle (event 15).
- Relay cards for the 200-yard MIXED Sweatshirt Relay must be turned in to the Official Scorer not later than the beginning of the Girls 100-yard Butterfly (event 23).
- •Once relay cards have been turned in to the Official Scorer, no name changes will be permitted.
- Designation of the lead-off swimmer may be altered up until the swimmers report to the blocks.
- Post-meet corrections or alterations cannot be made.

Daily Schedule:

	Session
	Saturday
Warm-ups begin @	1:30 PM
Officials Meeting @	2:00 PM
• Doors Open to spectators	2:40 PM
•Clear pool @	2:40 PM
Coaches' meeting @	2:45 PM
Senior recognition@	2:50 PM
Competition begins @	3:00 PM

Entry Deadline:

- •Entries will be capped at 300 swimmers or 18 teams.
- Entries close Tuesday, October 29th, 2023 at 9:00 PM

Entries:

- •Swimmers may enter a maximum of 5 total events but no more than 3 individual events.
- Except for the 50 and 100 Freestyle, and relay events, teams are limited to 6 swimmers per event.
- •For the 50/100 Freestyle, unlimited swimmers per event.
- For all relay events, teams are limited to 2 entries per event.
- •When submitting files to the Entries Chair, please include the name, email address, and the phone number of the person submitting the entries.
- ●Entries must be emailed to Paul Patillo, ppatillo@iohnpaul2chs.org
- •If you do not receive an email confirmation, your entries were not received
- Please do not use any other email address for submitting your entries!!!
- •Entries may be submitted ONLY by Hy-Tek file. Hard copy must accompany each entry and must include the swimmer's full name, swimmer's school affiliation, grade and seed time. Entries received without a seed time will be allowed however, to ensure your swimmer is seeded appropriately, please provide an estimate. Include entry HYV file, entry report, and entry fee report when submitting your entries.

Entry Fees:

- •\$20.00 per Swimmer.
- Make checks payable to John Paull II High School (JPII) Deliver at check in, or mail to:
 - John Paul II High School
 - C/O: Laura Sullivan
 - 6720 FM482
 - New Braunfels, TX, 78132
- •Entry fees must be received prior to participation, no exceptions, best option is to bring a check!!

Gate Fee:

- Students -\$TBD
- Adults -\$TBD
- Enter through the front of the facility, online ticket purchase only:

Quick link: TBD distributed at a later date

Awards:
• Medals will be awarded for 1st, 2nd, and 3rd and ribbons for 4th thru 6th in each event, (each relay team

participant will receive a medal) Top 3 teams Men's and Women's will receive a Team Trophy.

Scoring: •Individual points: 17 15 14 13 12 11 10 9 8 7 (Top 3 from each team scored only)

•Relay points: 20 18 16 14 12 10 8 6 4 2

Officials: •All deck officials must be currently registered and tested with NFHS for the 2025-2026 season.

• Uniform is white collared shirt or blouse with khaki trousers, Bermuda-length shorts, skirts.

Cell phone Restrictions:

•Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest

rooms, locker rooms, or behind the blocks.

•There are no exceptions to this policy

• Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Swimmer Photographs And Videos:

Media access on deck is carefully controlled. Please inquire for a credential via email

(klibardoni11219@swisd.net)

• Each participating school is allowed one (1) yearbook photographer or district staff photographer on deck during competition. Previous registration is required via google form sent to the coach the week of

competition.

Photographers and videographers are prohibited from the area immediately behind the starting blocks,

and taking shots using flash during competitions.

Deck

Changing: Deck changing is prohibited

Special Needs: •Please notify the meet director of any special needs of your swimmers.

Administration: • Meet Referee:

Meet Director: Paul Patillo 757-348-5565 ppatillo@johnpaul2chs.org
 Meet Sponsor: Kristin Libardoni klibardoni11219@SWISD.net

	EVENT	
1	200 MEDLEY RELAY	2
3	200 FREE	4
5	100 IM	6
7	100 BREASTROKE	8
9	50 FREE	10
11	100 BACKSTROKE	12
13	50 FLY	14
15	100 FREE	16
17	200 FREE RELAY	18
19	50 BACK	20
21	50 BREASTROKE	22
23	100 FLY	24
25	100 MIXED SWEATSHIRT RELAY	25

EXPLANATION/ DESCRIPTION OF THE COED RELAY

<u>COED Sweatshirt Relay</u> – The first swimmer will start from the block with the sweatshirt on and all others will start from the deck. Each swimmer will dive in and swim a 25, exit the water to remove the shirt and pass it to the next competitor. The next competitor should have the sweatshirt on appropriately....ie.... head and arms in the correct places, may be inside out. The race is complete when the final swimmer contacts the pad at the end of their turn. Each relay may have one additional teammate on each end to help with the sweatshirt exchange. **This is an exhibition event and will not award points, It will count towards swimmers max events**. Sweatshirts will be provided