



**Northside ISD Last Chance TISCA Qualifier
Meet Information
Alamo Area High School Swim League**

MEET: 2024 NISD Last Chance TISCA Qualifier

DATE: Saturday, November 09, 2024

VENUE: Northside ISD Natatorium- North and South Pools

8400 N Loop 1604 W

San Antonio, TX 78249

- Two 25-yard indoor pools
- 8 lanes each
- Team Seating around pool and outside in designated areas
- Warm-up and Cool down in outdoor Dive Well (6 lanes)

SCHEDULE:

Coaches Meeting:	8:15 AM	(North end)
Warm Up Group 1	8:40 AM-	9:20 AM
Warm Up Group 2	9:20 AM-	10:00 AM
One Way Sprints:	10:00 AM-	10:20 AM
Clear Pool:	10:20 AM	
National Anthem:	10:25 AM	
Meet Begins:	10:30 AM	

MEET FORMAT

- AAHSSL teams competing in pre-seeded timed final competition
- Standard and modified high school individual events
- Maximum (slower than) times for all events and Minimum (faster than) qualifying times for six (6) events
- No relays or time trials
- Federation Whistle Start Procedure in use
- Flyover starts will be used, except in backstroke events
- Breaks will be taken after Event 8 (15 minutes) and Event 16 (5 minutes)
- Teams will be divided based on number of entries between North or South pool for competition

SPECTATORS

- All tickets will be sold online at [Aquatics Tickets | Northside Independent School District](#)
- Teams may have ONE designated photographer on deck, throughout the meet in designated areas only.
- Photographers are not permitted around or behind starting blocks, no flash photography used at any time
- Spectators should remain in stands, and not on deck with athletes.
- Spectator restroom areas will be located outside across from the Dive Well.
- Concessions may be available throughout the meet. Outside food and drink is permitted.

TEAMS

- Team areas will be indicated on map provided to teams
- Warm-up times and assignments will be distributed based upon entries received
- Teams may bring in a cooler and snacks for athletes
- Teams are responsible for keeping team areas clean, and free of trash.
- Locker rooms are available indoors for athlete use.
- Cell phones should not be out and in use inside locker rooms at any time.
- Each team will be asked to provide 3-4 timers. Admission for timers is free, if they have signed up ahead of the start of the meet.

ENTRY RESTRICTIONS

- Individual swimmers may be entered in a maximum of four (4) events.
- No relays
- No limit on the number of entries per team, per individual event
- **ENTRIES WITHOUT A SEED TIME WILL NOT BE ENTERED INTO THE MEET.**
- Entries for the 500 freestyle will be capped at the thirty (30) fastest swimmers entered.
- Coaches will be allowed to select an alternate event for 500 swimmers that are denied entry.

QUALIFYING TIMES

- Minimum qualifying times for six events (three girls/three boys)
- Maximum qualifying times for all events (2024 South Zone TISCA) for all events
 - Swimmers must have at some time (lifetime best) achieved the minimum cut-off time for each event they are entered in
- Entry times may be challenged.
 - If challenged and entry time is declared invalid, the swimmer will be disqualified from further participation in the meet.

RULES

- All high school competitions follow 2024-25 NFHS rules .
- Swimmers are not considered entered until they step onto the blocks.
- No penalty for scratches and no-shows
- All swimmers must remain in a one piece swimsuit at all times.
- Absolutely no deck changing permitted.

ENTRY PROCEDURES

- Entries only accepted via Hy-Tek CommLink File
- Entry files available at [alamoareaaquatics.com](https://www.alamoareaaquatics.com) website
- Confirmation from the site host will be sent upon receipt of entries.
- Please be sure to include Entries by Name and Entries by Event reports with entry file.

- **Entry Deadline: Tuesday, November 05, 2024 at NOON!**
 - Email entries to northsideaquaticsentries@gmail.com
 - Entries should include Entries by Event, Entry by Name, and Entry Fee Reports

ENTRY FEES

\$10 per athlete (per AAHSSL Handbook)

Checks payable to NISD Aquatics (8400 N Loop 1604 W SA, TX 78249)

Please include the name of the meet on the check and team name.

MEET DIRECTOR

Tony Plummer

Aquatics Director

anthony.plummer@nisd.net

ENTRIES CHAIR

Kari Brothers

UIL Aquatic Coordinator

kari.brothers@nisd.net

SCORING

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
ind.	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

Order of Events and Time Standards

Women's Event #	Slower Than:	Distance (yards) and Stroke	Slower Than:	Men's Event #
1	2:08.39	200 Freestyle	1:54.39	2
3	30.69	50 Backstroke	27.59	4
5	2:30.09	200 Individual Medley	2:16.29	6
7	26.59	50 Freestyle	23.19	8
		15 Minute Break		
9	1:04.79	100 Butterfly	56.49	10
11	34.89	50 Breaststroke	30.29	12
13	58.49	100 Freestyle	51.89	14
15	5:47.59	500 Freestyle	5:14.69	16
17	1:05.69	100 Backstroke	1:02.09	18
19	29.09	50 Butterfly	26.09	20
21	1:14.89	100 Breaststroke	1:05.19	22
23	1:06.59	100 Individual Medley	59.09	24