



2024 NISD PENTATHLON MEET INFORMATION

Meet Name: AAHSSL NISD Pentathlon

Date: Thursday, October 17, 2024

Venue: Northside ISD Aquatic Complex
(Swim Center)
8400 North Loop 1604 West
San Antonio, TX 78249
210-397-7520

Facility: Two (2) ten-lane outdoor, 25 yd. competition courses
Automatic Colorado Timing System starting and timing
Deck seating for athletes, coaches and officials is 1500
Shaded stadium seating for 2500 spectators
Spectrum starting blocks with track start wedge
Meet Management running HY-TEK Meet Manager 8.0 or higher
Spectators are asked to sit in the bleachers; only coaches and athletes are allowed on deck
No folding chairs allowed in the venue.

Schedule:	Swim Center
Coaches Meeting	9:40-10:00 AM
Group One Warm Up	10:00-10:40 AM
Group Two Warm Up	10:40-11:20 AM
One Way Sprints	11:20-11:45 AM
National Anthem	11:55 AM
Competition Begins	12:00 PM

**Entry
Deadline:** **NOON, Tuesday October 15, 2024**

All entries should be sent as an .hyv file accompanied by pdf copies of your Meet Entries by Name and by Event as backup

**Entry
Restrictions:** **Each athlete may enter a maximum of FIVE events.** Swimmers must enter a 50 of each stroke and the 100 Individual Medley in order to be eligible for the Pentathlete Award.

Entry Fees: Per League Standard – Refer to the AAHSSL Handbook (page 12. Section 9.7)
\$10 per athlete, not to exceed \$200 per gender, per team
Make checks payable to **NISD Aquatics ATTN: Kari Brothers**
Mail to: **8400 North Loop 1604 West San Antonio, TX 78249**

- Entry Procedures:** Email entries to northsideaquaticsentries@gmail.com and include:
- HY-TEK Team Manager Entry file – clearly labeled with team three or four-letter code
 - Meet Entry Report
 - Meet Entry Fee Report

Do not assume your entries have been received without confirmation

Warmups: Lane assignments will go out to teams on Thursday. Warm-up Assignments will be based on size of teams participating.

Admission: All tickets will be purchased online for \$5 (adults) and \$3 (students)
<https://www.nisd.net/district/athletics/high-school-tickets>
-no tickets will be sold at the gate!

Heat Sheets: Available online— Will NOT be sold on site.

Meet

Format: Sprint events only (50 of each stroke, 100 freestyle, 100 Individual Medley)
No qualifying Times
The Federation Whistle Start Procedure will be in use
The Federation No-recall False Start Procedure will be in use
Order of events on page two (2)
Pre-seeded
Fly-over starts may be used, except for the backstroke events
Heats will be seeded **Fastest to Slowest**
NT entries will be accepted, but seeded in the last heats

Order of Events / Distances are in Yards

Girl's Event #	Distance	Stroke	Boy's Event #
1	50	Butterfly	2
3	50	Backstroke	4
5	50	Breastroke	6
7	50	Freestyle	8
9	100	Individual Medley	10
11	100	Freestyle	12

*In order to qualify for ranking in the overall awards, the athlete **MUST** swim a 50 of each stroke and the 100 IM.

PLEASE NOTE: This meet is not scored. Results are based on the lowest cumulative time after all five events are completed.

Meet Information and Results

<https://www.alamoareaaquatics.com/page/calendar/aahssl-swim-calendar#/team-events/upcoming>

